



# Epilepsy and Oral Health

3 million people in the U.S. have epilepsy

Over 150,000 new cases diagnosed annually

## Oral health problems + epilepsy

- Antiepileptic drugs may lead to swollen, painful inflamed gums
- Certain antiepileptic drugs and other medications may cause dry mouth
- Risk of injury to teeth or jaw as an outcome of seizure

## Symptoms of oral disease

- Gums that bleed easily and may be red, swollen or tender
- Pus between the teeth and gums
- Bad breath or bad taste in the mouth
- In severe cases, teeth can become increasingly loose

## What can you do

Be sure to inform your dentist about your epilepsy and any medications you have been prescribed. Your dentist will help come up with a proactive plan for your care.

**By making a commitment to daily oral health habits, dental problems can be controlled or limited.**

**Learn more about how your oral health connects to your overall health at:**  
**[DeltaDentalMN.org](http://DeltaDentalMN.org)**