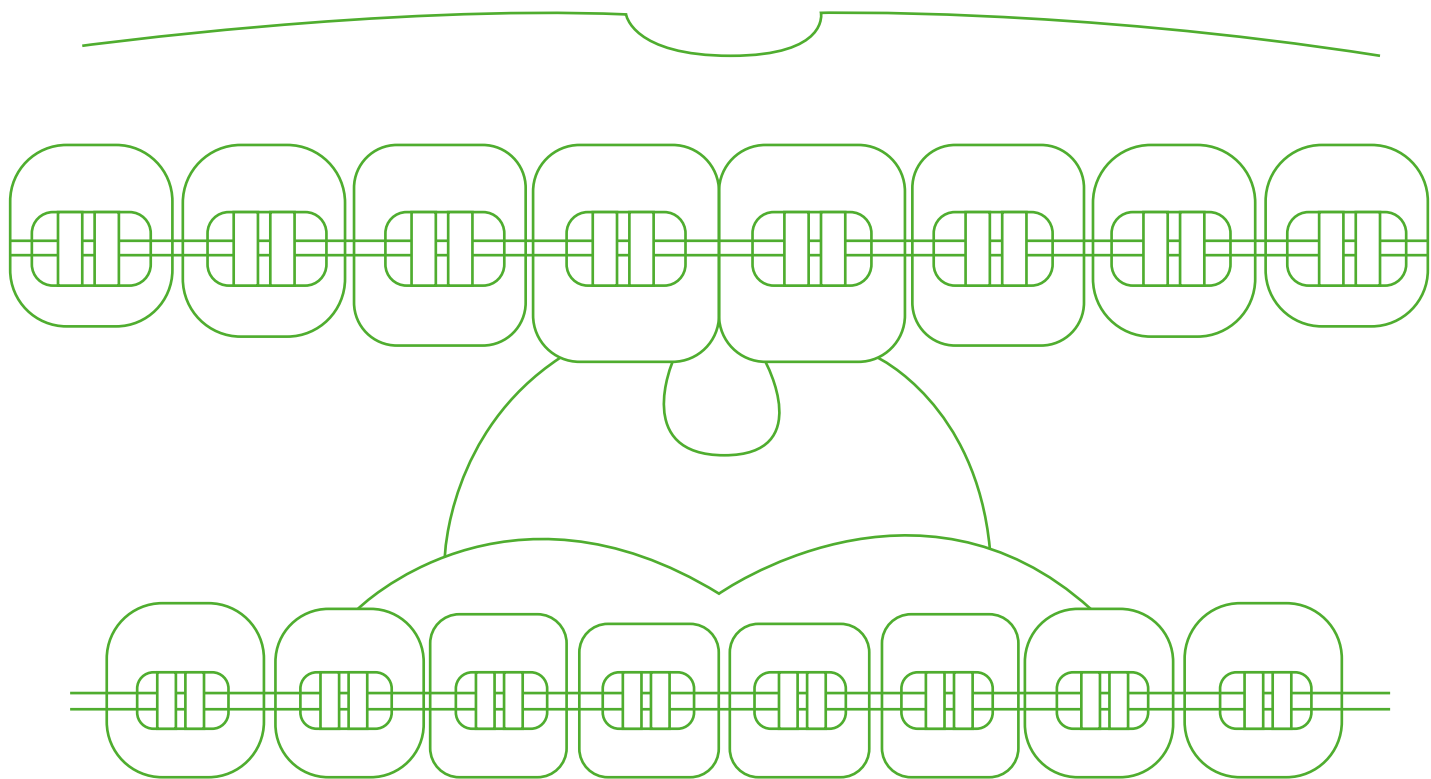


SmileSHEETS

Toothfully some good fun!

Brace Yourself!



If you're 7 years old or older, you may have already visited an orthodontist. After you lose your baby teeth and your permanent teeth start to come in, an orthodontist will look at them to make sure everything is coming in the way it should. It's the orthodontist's job to make sure that you'll have a straight, healthy smile for the rest of your life.

If your permanent teeth do need a little nudge, braces might do the trick. Braces are usually left for about two years, and you'll still be able to play sports and instruments, eat most foods and do pretty much everything you did before you got braces!

Find more fun oral health activities at:
DeltaDentalMN.org



Delta Dental of Minnesota